

What's On at Hook Community Centre

Please contact all Hirers directly to check dates and availability
before attending their sessions

Clubs & Activities for Adults

Activity	Day	Time	Organisation	Contact	Hall
Fitness – Yoga	Monday	Morning	Vinyasa Yoga	Rebecca rebeccaanderson590@yahoo.com 07843 855893	Sheldon
Fitness – Table Tennis	Monday	Morning	Hook Table Tennis	knightjoanna04@gmail.com	Holt
Social Meeting	Monday	Afternoon	Young@Heart	Claire Lambert 07989 166220 Claire.mcintyre3@btinternet.com	The Club Room
Fitness – Yoga	Monday	Evening	Soma Yoga and Pilates	https://soma-yoga-and-pilates.live.baluu.co.uk	Holt
Toy Fair	Tuesday Monthly	Afternoon/ Evening	Clement's Fair	stevedevizes@aol.com 01380 725322 07963 441381	Sheldon Bartley
Singing	Wednesday	Morning	Vibrant Voices	07548 278204 vibrantvoicesuk@gmail.com	Holt
Fitness – Zumba (Low impact)	Wednesday	Morning	Zumba Gold	Kate Sadler 07738 668173 www.bookwhen.com/hampshiredancefitness	Sheldon
Fitness – Pilates	Wednesday Friday	Morning Afternoon Evening	Katie's Pilates	Katie Tarling 07769 708001 www.katietarling.com	Sheldon

Turn me over!!

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Clubs & Activities for Adults

Activity	Day	Time	Organisation	Contact	Hall
Fitness – Badminton (not beginners)	Wednesday	Evening	Hook Badminton Club	Sally Perkin	Sheldon
Fitness – Zumba	Thursday	Morning	Let's All Dance	Michele St.Vincent 07815 499837	Sheldon
Fitness - Table Tennis	Thursday	Morning	Odiham U3A	Coral Smith tabletennis@odihamu3a.org.uk	Holt
Fitness - Table Tennis	Friday	Morning	Odiham U3A	Diane Scullion tabletennis@odihamu3a.org.uk	Holt
Dog Training Classes	Friday	Evening	Country Canines	Dogtrainingwithcountrycanines.co.uk Dogtrainingwithcountrycanines@gmail.com m 07909 014223	Sheldon
Worship	Sunday	Morning	NACC	07792 566890 pastor.nacc@yahoo.co.uk	Holt Bartley
Craft – Quilting	Sunday (monthly)	All day	Hampshire Modern Quilt Guild	Jo Westfoot 07519 799221	Sheldon
Hook Shed	Ad-Hoc	Morning Afternoon Evening	The Hook Shed	Claire Lambert 07989 166220 Claire.mcintyre3@btinternet.com	Various



Hook Community Squash Club is based at the Community Centre
For details please contact hooksquash@googlemail.com

Clubs & Activities for Children

Activity	Day	When	Organisation	Contact	Hall
Dance	Monday Tuesday Wednesday Thursday Saturday	Morning Afternoon Evening	Karen Blackburn Dance Academy	Karen Blackburn 01730 300439	Various
Music	Tuesday	Morning	Monkey Music	01252 843485 fleet@monkeymusic.co.uk	Bartley
Music, Movement and Sensory Class	Wednesday	Morning	BoogieBugs	Kathy 07803 480256 Boogiebugs33@gmail.com	Bartley
Baby Ballet	Wednesday Friday	Afternoon Morning	Alton Baby Ballet	alton@babyballet.co.uk	Bartley
Football	Sunday (seasonal)	Morning	Little Kickers	www.littlekickers.co.uk	Sheldon



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**The information in this timetable could change without notice and should not be construed as a commitment by Hook Community Centre. Hirers may change or cancel their session at any time*

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