

Hook Village Halls 2025

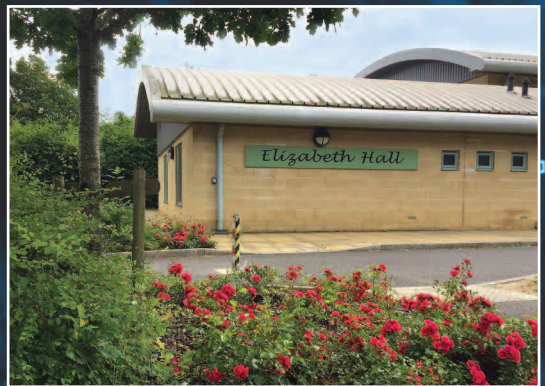


The Heart of Hook



Look inside there's so much to see and do

- **SPORT • KEEP FIT • DANCING • MUSIC • ENTERTAINMENT**
- **CHILDREN'S CLASSES • SOCIAL SUPPORT • EDUCATION**



www.hookvillagehalls.org.uk



JOIN US AT HOOK BOOKS



HOOK
Books

at the Elizabeth Hall

**EVERY FIRST THURSDAY OF
THE MONTH 2PM-4PM**

BOOKS ONLY 50P!

**THOUSANDS OF FICTIONAL PAPERBACKS &
CHILDREN'S BOOKS TO CHOOSE FROM.**

**REFRESHMENTS ARE AVAILABLE TOO, SO STAY A WHILE &
ENJOY A DRINK & A DELICIOUS SLICE OF CAKE.**

**ELIZABETH HALL, RAVEN ROAD
HOOK RG27 9HH**



**ORGANISED & RUN BY VOLUNTEERS FOR THE COMMUNITY
WITH ALL PROCEEDS TO YOUR VILLAGE HALLS**

What's in it for me?

Lots! Welcome to your What's On at your village halls in 2025. Keep this safe, as there's plenty to interest everyone throughout the year. This magazine is produced by Hook Village Halls Charitable Association, which runs the halls, and the information within is believed to be correct at the time of publication. E&OE.

Peruse the pages and you'll find there's a wide range of regular classes and activities for both adults and children (see centre pages) at both Hook Community Centre and the Elizabeth Hall. In addition there are annual and ad hoc events throughout the year.

As well as this magazine, you can find out what's on at hookvillagehalls.org.uk and on our Facebook page, search for Hook Village Halls. For those who haven't yet found the halls, the addresses and contact details are:

Elizabeth Hall, Raven Road, Hook RG27 9HH

Hook Community Centre, Ravenscroft, Hook RG27 9NN

Get in touch to make an enquiry

Hook Village Halls Charitable Association - Registered Charity Number 1117754

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You Could Get FREE Hire to Start a New Group

There are introductory packages for new classes and potentially some free hire for some village organisations or groups. Free use of a room can, subject to availability, be by a group or organisation that is established purely for the benefit of the village where the individual members of that group derive no financial or other direct benefits themselves. Any event that requires attendees to pay a fee for attending (e.g. a fundraiser so that the group can spend the proceeds to benefit the village) must be able to show that the entire proceeds (less reasonable costs) benefit the village as a whole.

Free use of a room or hall can also facilitate a meeting to see if a group or organisation can gain sufficient interest to establish itself and become a potential hirer in the longer term. No fee must be charged to those attending the meetings, except to the extent required to cover prime costs. Such use to be no more than three meetings.



HEALTHY BODIES

From Pilates to Zumba and yoga, table tennis to music, theatre and dancing, your village halls have a wide range of activities to suit all ages and interests. Sing with Vibrant Voices, act or help out at Hook Players.

Then there's dance with Hampshire Dance Fitness and Lets All Dance to keep you on your toes. Plus we mustn't forget the Hook Eagle Morris Dancers and

Basingstoke Silver Band, both of whom perform around the area and practice their music and moves in the Elizabeth Hall.

Feeling you need to lose weight this year? Both Slimming World and Weight Watchers hold sessions in the halls.

There's also a dedicated Hook Squash Club with two courts and an active membership with competitions throughout the year.



Hook Zumba



Hook Eagle Morris



Hook Squash



Hook Table Tennis



Basingstoke Silver Band



Katie Taring Pilates



Vibrant Voices

FEBRUARY HALF TERM FUN FOR KIDS

FREE

WEDNESDAY 19TH FEBRUARY
2025 11AM - 4PM

HOOK COMMUNITY CENTRE, RAVENSCROFT, RG27 9NN



COME ALONG TO

- MEET HOOK'S VERY OWN HEDGEHOG HOSPITAL PRICKLE LODGE
- MEET THE ANIMALS FROM MILL COTTAGE FARM
- WILLOW WEAVE WITH SPECIAL BRANCH AND MEET LOTS OF ANIMAL AND WILDLIFE CHARITIES



REFRESHMENTS WILL
BE AVAILABLE
IN BARTLEY



BOOK IN EARLY FOR YOUR TIME WITH THE
FANTASTIC SAFARI PETE!

MEET REPTILES & OTHER ANIMALS WITH SAFARI PETE
- BOOK TICKETS ON

THELITTLEBOXOFFICE.COM/HOOKVILLAGEHALLS

(£3.50 per child. Children must be accompanied by
a responsible adult. An adult can accompany more than one child.
No ticket/charge needed for adult).

Put the Date in your
Diary to Come Along
Whatever
the Weather!

HOOK VILLAGE HALLS ARE ABLE TO PUT THE EVENT ON THANKS TO SUPPORT FROM HOOK PARISH COUNCIL AND JONATHAN GLEN'S HCC DEVOLVED BUDGET. FOR MORE INFORMATION CONTACT HOOK VILLAGE HALLS ON 01256 764000 OR EMAIL ENQUIRIES@HOOKVILLAGEHALLS.ORG.UK. IN THE EVENT OF UNFORESEEN CIRCUMSTANCES HOOK VILLAGE HALLS CHARITABLE ASSOCIATION RESERVES THE RIGHT TO ALTER OR CANCEL ANY OF THE ABOVE EVENTS. E60E



HVH
Hook Village Halls
Charitable Association
Registered Charity 1137504

There's free Half Term Fun at Hook Community Centre from 11am to 4pm on Wednesday 19th February, plus you can book to see Safari Pete.

We would like to thank Hook Parish Council and County Councillor Jonathan Glen for helping to make this possible.

To see Safari Pete visit thelittleboxoffice.com/hookvillagehalls, as only a limited number of people can attend the sessions. The charge is £3.50 per child for Pete's superb talks (no charge for babes in arms).

THE CLUB ROOM



The HVH charity's investment to turn the former youth club space into a multi-use facility has proved to be well worthwhile. Now, with the addition of a proper lift for people who are less able, access is greatly improved.

So far it has been used for education, fundraising, youth activities, parties and meetings. It could be ideal for your party, event or meeting. Here's what it has to offer:

- Large social space
- Kitchen area with two ovens, 5 induction plates, fridge, freezer and much more
- Large serving counter with bar stools

- Open plan area that can be laid out for dining, larger meetings and presentations or cleared for dancing
- Two televisions and a sound system
- Two table tennis tables and a pool table
- Toilets for males, females and those with disabilities
- Small separate room for one-to-one conversations/interviews

With prices starting from just £25 per hour – it's a Club Room fit for anyone. See the website hookvillagehalls.org.uk or call 01256 764000



THE YOUNGER SET



NCT

From ante-natal to pre-school and beyond, groups providing educational, support and social activities help develop skills, mind and body.

There's the National Childbirth Trust for new and soon to be parents and Busy Bees mother and toddler group. Daisy First Aid delivers first aid courses for adults looking after children from newborn to 18.

Then there's Boogie Bugs and Monkey Music with their own special approaches to music and much more



Monkey Music Fleet

for babies and toddlers. From ballet to street dancing, Karen Blackburn Dance Academy inspires children to develop their potential to the full.

Parental support is there with the Mums Matter Group, open to families living in Hook, Hartley Wintney and Odiham. It's a friendly, safe, supportive place where children can play and Mums can express how they are feeling, seek support for their wellbeing, make friends and gain parenting support.



Busy Bees



Mum's Matter Group



KDBA



Boogie Bugs



Daisy First Aid

ELIZABETH HALL ACTIVITIES

All activities subject to change. Please check times/locations with the organisation hiring the hall.

ADULTS

Activity	Day	When	Organisation	Contact	Hall
Fitness – Pilates	Monday Friday	Morning	Soma Yoga and Pilates	Somayogapilates.co.uk	1 3
Health and Wellbeing	Tuesday	Morning and Evening	Slimming World	Emma 07307 352403	1
Lunch Club	Tuesday	4 th Tuesday of Month	Hook Community Lunch Club	Linda 07898 808985 hooklunchclub@gmail.com	1
Health and Wellbeing	Wednesday	Morning	WW	Sarah Crewe-Read screweread@ww.com	4
Fitness – Pilates	Wednesday	Morning	Katie's Pilates	Katie Tarling 07769 708001 www.katietarling.com katie@katietarling.com	1
Fitness - Pilates	Wednesday	Morning	Pilates	Julie Neville 07791 646789	1
Fitness – Strength & Stability	Thursday	Morning	Ali Kendall PT	Alikendall.myfitnessclass.com	3
Meetings & Lectures	Thursday Monthly	Afternoon	National Trust	Chris Harris Chrish.nhnt@gmail.com 07720 805633	1 & 4
Fitness – Zumba (med - high impact)	Thursday	Evening	Zumba	Kate Sadler 07738 668173 www.bookwhen.com/hampshiredancefitness	1
Hook Books	1 st Thursday	Afternoon	HVHCA	enquiries@hookvillagehalls.org.uk	1 & 4
Amateur Dramatics	Various	Various	Hook Players	Hazel Bonnin-Barkham hazedaze13@gogglemail.com contactus@hookplayers.co.uk	All Halls
Music	Friday	Evening	Basingstoke Silver Band	bsbsec@hotmail.co.uk	1
Morris Dancing	Friday	Evening	Hook Eagle Morris Dancers	John Ellis 07900 886855 bagman@hookeagle.org.uk	3
Worship	Sunday	Morning	Life Church	01256 762022	All Halls
First Aid Training	Ad-Hoc	Morning Afternoon Evening	Daisy First Aid	Julie Rayson 07876 394716	2/3

CHILDREN CHECK TIMES DURING SCHOOL HOLIDAYS

Activity	Day	When	Organisation	Contact	Hall
Dance	Monday	Afternoon	Karen Blackburn Dance Academy	Karen Blackburn admin@kdba.com www.karenblackburndanceacademy.com 01730 300439	Various
Phonics Fun	Tuesday	Morning	Phonics Bear	Chree Platt 07375 321111	2
Family Support Invite only	Wednesday	Morning	Home- Start	0330 1242095 familysupport@hshants.org.uk	2/3
Music and Drama	Wednesday	Afternoon/Evening	Little Voices	07754 776918 www.littlevoices.org.uk/northhampshire	2 & 3
Brownies	Wednesday	Evening	Brownies	Joey & Zoe 1sthookbrownies@gmail.com	1
Toddler Group	Friday	Morning	Busy Bees	Busybeeshook@gmail.com	1 & 4
Dance	Saturday	Morning	Karen Blackburn Dance Academy	Karen Blackburn admin@kdba.com 01730 300439 www.karenblackburndanceacademy.com	Various

COMMUNITY CENTRE ACTIVITIES

All activities subject to change. Please check times/locations with the organisation hiring the hall.

ADULTS

Activity	Day	Time	Organisation	Contact	Hall
Fitness – Yoga	Monday	Morning	Vinyasa Yoga	Rebecca 07843 855893 rebeccaanderson590@yahoo.com	Sheldon
Fitness - Table Tennis	Monday	Morning	Hook Table Tennis	knighthjoanna04@gmail.com	Holt
Social Meeting	Monday	Afternoon	Young @ Heart	Claire Lambert 07989 166220 Claire.mcintyre3@btinternet.com	The Club Room
Fitness – Yoga	Monday	Evening	Soma Yoga and Pilates	Somayogapilates.co.uk	Holt
Toy Fair	Tuesday Monthly	Afternoon Evening	Clement's Fair	stevedevizes@aol.com 01380 725322 07963 441381	Sheldon Bartley
Tap Dancing	Tuesday	Evening	KDBA	Karen Blackburn admin@kbda.co.uk 01730 300439 www.karenblackburndanceacademy.com	Sheldon
Singing	Wednesday	Morning	Vibrant Voices	07548 278204 vibrantvoicesuk@gmail.com	Holt
Fitness – Zumba Gold (Low impact)	Wednesday	Morning	Zumba Gold	Kate Sadler 07738 668173 www.bookwhen.com/hampshiredancefitness	Sheldon
Fitness – Pilates	Wednesday Friday	Afternoon Morning & Evening	Katie's Pilates	Katie Tarling 07769 708001 katie@katietarling.com www.katietarling.com	Sheldon
Fitness – Zumba	Thursday	Morning	Lets All Dance	Michele St.Vincent 07815 499837 zumba.com/p/MichelestvZumba	Sheldon
Fitness - Table Tennis	Thursday	Morning	Odiham U3A	Coral Smith tabletennis@odihamu3a.org.uk	Holt
Fitness - Table Tennis	Friday	Morning	Odiham U3A	Diane Scullion tabletennis@odihamu3a.org.uk	Holt
Dog Training Classes	Friday	Evening	Country Canines	Dogtrainingwithcountrycanines.co.uk Dogtrainingwithcountrycanines@gmail.com 07909 014223	Sheldon
Worship	Sunday	Morning	NACC	07792 566890 pastor.nacc@yahoo.co.uk	Holt Bartley
Craft – Quilting	Sunday (monthly)	All day	Hampshire Modern Quilt Guild	Jo Westfoot 07519 799221	Sheldon
Hook Shed	Ad-Hoc	Morning Afternoon Evening	The Hook Shed	Claire Lambert 07989 166220 Claire.mcintyre3@btinternet.com	Various

CHILDREN CHECK TIMES DURING SCHOOL HOLIDAYS

Activity	Day	When	Organisation	Contact	Hall
Dance	Monday Tuesday Wednesday Thursday Saturday	Various: Morning Afternoon Evening	Karen Blackburn Dance Academy	Karen Blackburn admin@kbda.co.uk www.karenblackburndanceacademy.com 01730 300439	Various
Music	Tuesday	Morning	Monkey Music Fleet	01252 843485 fleet@monkeymusic.co.uk	Bartley
Music, Movement and Sensory Class	Wednesday	Morning	BoogieBugs	Kathy 07803 480256 Boogiebugs33@gmail.com	Bartley
Baby Ballet	Wednesday Friday	Afternoon Morning	Alton Baby Ballet	alton@babyballet.co.uk	Bartley
Football	Sunday (seasonal)	Morning	Little Kickers	www.littlekickers.co.uk	Sheldon

GET YOUR MONTHLY FICTION FIX AT HOOK BOOKS



With more than 3,000 books to choose from at incredible value, Hook Books is a monthly pop up library of donated second hand books at the Elizabeth Hall. It's every first Thursday of the month from 2-4pm.

There's adult paperback fiction and children's books for all ages. Plus there's tea, coffee and home-made cake baked by Louise of Simple Cakes. It's become a regular social event for the community and the perfect place to pick your next month's reading fix. Adult books are 50p per book and children's books are just 20p each or three for 50p.

Can't make it to Hook Books? We also have good quality hardbacks and paperbacks (fiction and non-fiction) for adults on the Hook Books bookcase at Tesco, Hook where there's a cash only honesty box. Again, it's just 50p per book. For children's books there is a bookcase at both the Elizabeth Hall and the Community Centre.

Hook Books accepts the following book donations:

- good condition paperback fiction
- good condition hardback fiction and biographies
- cookery books
- children's books

We have had to stop accepting other books, whatever their condition, as the money we get for them has dropped by 60% to just 2p per kilo, which is not worth our volunteers' time to sort them out. You can take your book donations along to the Elizabeth Hall any weekday morning or to the pop-up library (2-4pm, first Thursday of the month). Please don't donate books by taking them to Tesco as this can result in the bookcase overflowing and jeopardise our arrangement with the store.

Hook Books is run solely by volunteers and all proceeds go to support running and improving the Elizabeth Hall.

FAITH & WORSHIP

Three churches meet at the village halls. For more details see the tables on pages 8 and 9:

- *Life Church*
- *Living Church of God*
- *New Anointing Christian Centre*



SUPPORTING PEOPLE TO KEEP SOCIALLY ACTIVE

Keeping socially engaged is important for mental health and this can be a challenge for some as we age. There are groups and activities at the village halls that help people maintain social contacts - Young @ Heart and the Elizabeth Hall Lunch Club (see advert) to name but two.

Young @ Heart is a friendly inter generational group for the over 60's and teenagers to come together and do quizzes, play games, do some crafting, play some pool and generally have a chat over a cup of tea and a

biscuit. They meet on Monday afternoons 3pm-5pm term time only in The Club Room. To find out more contact Claire Lambert on 07989 166220 or email claire.mcintyre3@btinternet.com

The lunch club meets on the fourth Tuesday each month from 12:15 to 1:45pm and numbers have steadily grown. Hardly surprising when for just £6 (as at Jan 2025), older people enjoy a two course meal with a drink plus tea/coffee. For more information, see the advert.



Lunch Club



Young at Heart in the Club Room

HOOK COMMUNITY LUNCH CLUB



Every 4th Tuesday of the month
12.15pm (arrive from noon)



Elizabeth Hall, Raven Rd
Hook, RG27 9HH



Enjoy a delicious two course lunch, a glass of wine or juice & a hot drink for just £6 per head.



Run by volunteers we provide older people & those who live alone in Hook & surrounding villages with an enjoyable, sociable, warming home-cooked meal.

'Everything about this lunch club is excellent'-
Contributor to the Hook Community Facebook pages

If you want to join us or know anyone in the village who would like to come along, do please get in touch.

Email: hooklunchclub@gmail.com

Call/Text: 07526 921597



Due to the lunch club's popularity, we are now operating a waiting list



SUNDAY 14th SEPTEMBER - HOOK FLOWER & PRODUCE SHOW

See the back cover for details. Run in partnership with Hook In Bloom and Hook Allotments Association and sponsored by Bridges Estate Agents. The show is free to enter and free to visit. There are entry classes for growing, art, craft, baking and much more.

WE HAVE LIFT OFF

Access to the two upper floor rooms at Hook Community Centre is now much easier for people who have mobility issues as a result of the charity (HVVCA) installing two new lifts – one for each room. The new lifts were installed in the second half of 2024 but work on the "Access For All" project started back in 2023.

The then existing platform lift to the Club Room was dated, unreliable and unpopular with users, plus it blocked the staircase when in use. The chair lift for access to Holt also took up stair space and was unpopular as it required some else to carry a wheelchair up the stairs. Users were then faced with negotiating two doors opening against them and a narrow corridor.

The HVH Board took professional advice from a surveyor and building control and a scheme was devised to instal two dedicated lifts that would free up the stairs and give appropriate, dignified access for all.

In September of 2023, we became aware, via Hook Parish Council, of a potential grant from a government

fund, which allocated £1m for Hart administered by Hart District Council. An application was submitted. After fighting our corner with the help of our district councillors, the initial decision not to give us a grant was changed and we finally received approval for a grant of £55,554 towards the project.

Tenders were sought and a timetable of works drawn up, with the intention of all works being completed by September 2024. Inevitable delays and snagging meant the lifts did not become fully operational until early November 2024, but they are now up (and down) and working.

The total cost of around £132,000 was met by a grant of £55,554 from the Ministry of Housing, Communities and Local Government and funds and reserves built up by the charity over many years thanks to the Board's careful financial management.



ELIZABETH HALL IMPROVEMENTS

Following on from the kitchen refurbishment in 2023, further investment in the Elizabeth Hall has seen easier access to tables from Hall 1, additional soundproofing between Halls 1 and 4 and a large extension to the patio, now accessible from new patio doors in Hall 4.



WHO OWNS AND RUNS THE TWO HALLS

Both Hook Community Centre and the Elizabeth Hall are run by a registered charity - Hook Village Halls Charitable Association (HVH). The charity has a board of trustees and three part time staff. All of its income comes from licensees and hirers, with not a penny from your Council Tax. The only exception is IF the Community Centre makes a loss in any year, which it hasn't since 2017, Hook Parish Council underwrites that loss. The same does not apply to the Elizabeth Hall.

The land at the Elizabeth Hall is owned by the charity (freehold). Hook Parish Council owns the building itself and leases it to HVH.

The land and building at the Community Centre is owned by Hook Parish Council, which leases the building and grounds to HVH.

The two buildings are managed to deliver the charity's objects (as set out in it's Memorandum of Association). These are:

(a) To provide or assist in the provision of facilities in the interests of social welfare for the benefit of the inhabitants of the Hook Parish and within its vicinity for recreation or other leisure time occupation of individuals including those who have need of such facilities by reason of their youth, age infirmity or disability,

financial hardship or social circumstances with the object of improving their conditions of life;
(b) To advance education and the religious and intellectual development of the members of the community; and
(c) Such other charitable purposes as the Charity's officers in their discretion shall see fit for such exclusively charitable objects or purposes in any part of the world.

The board of trustees meets ten times a year to oversee the direction and policies of the charity. It also takes decisions over investments in the buildings and major maintenance issues, licence and hire fees and many other matters that are inherent in running two busy buildings.

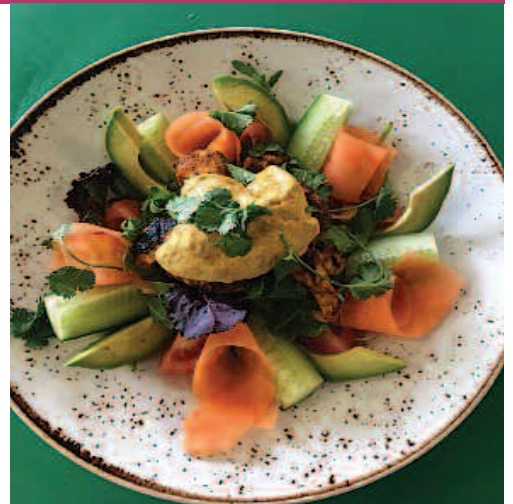
Currently there are eight trustees and the charity would welcome more. If you are interested in becoming involved, get in touch to find out more. The staff manage the day to day operation of the buildings including lettings and hire management, overseeing contractors and interacting with its many hirers. This magazine shows you just some of the wide variety and sheer quantity of opportunities available to you at the two buildings.



Hartletts Café

Based in the heart of the community centre, Hartletts Café is the multi award winning café, serving great coffee from a local supplier, home-made cakes and fresh local bakery baps and breads for a lunchtime snack all made with quality fresh ingredients.

"This is what sets us apart from our competitors," says owner Jen. "Our customers' and trip advisor

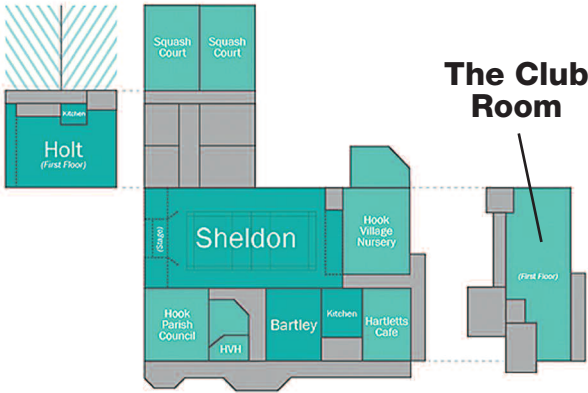


reviews have put us in the top 10% worldwide three consecutive years in a row."

Hartletts café also offer catering service for your event, be it a children's party, birthday, funeral or just a good old fashioned knees up in one of the community halls.

You can find them on Facebook #hartlettscafe or the website www.hartlettscafe.co.uk

THE HALLS



Community Centre Facilities

Stylish and well equipped, all hirers can benefit from use of modern, comfortable chairs and practical small and large tables. A high quality sound system, projector and screen can be provided.

Hirers can also make use of a full badminton set in Sheldon and table tennis in Holt.

The Club Room

Dimensions: Approx 20m x 8m
Capacity 75 - Disabled access via lift

Sheldon

Dimensions: Approx 12m x 17m
38' 4" x 55' 9"
Capacity: 150 seated / 200 standing
Large ground floor multi-purpose hall
Sound proofed walls and ceiling
Badminton net and marked court
Hatch from the kitchen

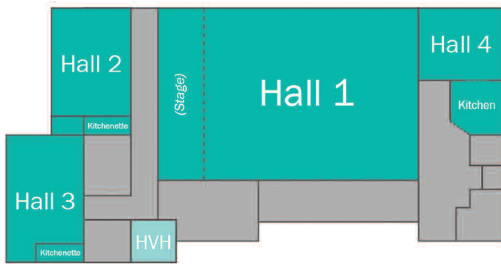
Bartley

Dimensions: Approx 8.5m x 6m
27' 10" x 19' 8"
Capacity: 45 seated / 75 standing
Small ground floor hall/meeting room
Adjoining door to Sheldon so ideal as bar/serving area

Holt

Dimensions: Approx 8m x 11.5m
26' 3" x 37' 8"
Capacity: 70 seated / 100 standing
Bright and stylish first floor hall/meeting room
Ideal for classes, meetings and parties
Small self contained kitchen with cutlery and crockery for 100
Disabled access via stair lift
Two table tennis tables available at small additional charge

Information for guidance. Please check all details with staff before booking



Elizabeth Hall Facilities

Elizabeth Hall is bright and airy with wide corridors running between the halls and parking for 53 cars.

A selection of chairs, small and large tables are available for all hirers and storage space can be rented by regular users at an additional cost.

Hall 1

Dimensions: Approx 13m x 14m 42' 8" x 45' 11"
Capacity: 200 seated or standing
Fully-sprung wooden floor
Large fixed stage (useable stage area approx 8m x 5m)
Hatch from the kitchen into the bar area adjoining Hall 1 foyer

Hall 2

Dimensions: Approx 8m x 6m 26' 3" x 19' 8"
Capacity: 45 seated / 60 standing
Kitchenette with mugs available
Sliding wall allowing division into 2 smaller halls
Adjoining hallway with Hall 3

Hall 3

Dimensions: Approx 8m x 6m 26' 3" x 19' 8"
Capacity: 45 seated / 60 standing
Kitchenette with mugs available
Can be hired with Hall 2 to make larger space, ideal for parties

Hall 4

Dimensions: Approx 7m by 5m 22' 11" x 16' 5"
Capacity: 40 seated / 50 standing
Large hatch to kitchen
Adjoins Hall 1 and is ideal as food service or bar area
Use of kitchen included in hall hire

HIRING A HALL & CONTACTING US

Whether it's a one-off or regular meeting or activity, or a party, wedding or wake, Hook Village Halls could be just the venue for your event.

You can contact the staff through the website, where you can also find our current hire rates and terms and conditions of hire. You can also contact us by email at

enquiries@hookvillagehalls.org.uk or by telephone on 01256 764000. If you phone, please bear in mind that our staff are part-time and might not be able to answer straight away as they could well be dealing with other tasks essential to running the halls. Do leave a message and they'll get back to you as soon as they can.



ZERO HUNGER

Zero Hunger is a dedicated food movement committed to eradicating hunger and food insecurity in Rushmoor, Hart and surrounding areas, including Hook, whilst promoting community engagement preventing loneliness. They believe that every individual deserves access to nutritious food and work tirelessly to make this a reality. Through innovative solutions and community partnerships, they aim to create our vision where no one goes to bed hungry.



If you, or someone you know, struggles to access nutritious food, you can find out more at zerohungerrushmoor.com or email

Zerohunger.helen@gmail.com. They can also be found at the Elizabeth Hall on a Thursday morning from 10am to midday, where food is available for small donation along with a hot drink and advice.

"Zero Hunger was inspired by stories of neighbours and friends facing difficult choices between basic needs and the realisation that many individuals were going to bed hungry and feeling isolated, says Helen Selfe, one of its visionary coordinators. "We came together to make a change, envisioning a movement that would address the environmental, physical and social impacts of food insecurity."

Supported by their family and friends and the charitable help of local organisations, supermarkets, businesses, and volunteers, Zero Hunger was founded to prevent food waste and create a compassionate network of support where individuals could find community, resources, and a sense of belonging.

ALSO AT THE COMMUNITY CENTRE

Hook Parish Council, whose offices are open Monday to Friday 9am to noon. Telephone: 01256 768687 / 01256 768573. Phone calls may be answered outside these times – or please leave a message. Email (General Enquiries): info@hook.gov.uk. Website: hook.gov.uk

Hook Village Nursery, which creates a caring, loving and secure environment for children from birth to 5 years of age. nursery meets Monday to Friday 9am – 3pm term time only. For more information telephone: 07580 680164, email hookvillagenursery@yahoo.co.uk or go to hookvillagenursery.org.uk.

Hook Community Squash Club - a not-for-profit organisation that exists to foster and promote the sport of squash in the community of Hook. They manage two courts providing opportunities for recreation and competition for players of all ages and abilities. See hooksquash.org.uk for more information or email hooksquash@googlemail.com.

PROUDLY SPONSORED BY BRIDGES ESTATE AGENTS

Bridges

Hook and Surrounding Villages Office

HOOK FLOWER & PRODUCE SHOW

SUNDAY 14TH SEPTEMBER 2025



FREE ENTRY
for both exhibitors and public

Elizabeth Hall RG27 9HH

Staging (exhibitors only 09.30 to 11.00am) | Open to Public from 2.00pm

HOOK
In Bloom

BROUGHT TO YOU BY:
HOOK Allotment Association

HVH
Hook Village Halls
Charitable Association
Registered Charity 111754